KAIZEN HEALTH SUMMIT

Grand Hirafu, Niseko | 17-22 January 2027

CLINICAL UPDATE • SKILL BUILDING • COLLABORATIVE LEARNING

CONFERENCE PROGRAM

DAY	TOPIC	OVERVIEW
SUNDAY	**Conference orientation & delegate networking**	Orientation and facilitated introductions to support multidisciplinary networking and collaboration.
MONDAY	**Anaesthesia update: What has changed in the past two years?**	Key developments in perioperative care, airway management and anaesthetic safety.
	Frontiers of Genetics: Where will we be in 20 years?	The future of genomic sequencing, gene therapy and personalised medicine.
	Gut Feelings: What's New in Paediatric Gastroenterology?	All the latest and greatest from the world of gastroenterology.
TUESDAY	**What Matters Most to the Anaesthetist in 2027**	Optimising anesthetics to improve outcomes
	Thinking About Thinking: Mindfulness for the Medically Minded	Using mindfulness across the clinical spectrum
	Beyond the screen: What will healthcare look like in 15 years?	How virtual care will transform the health landscape
WEDNESDAY	**Creating a more Environmentally Sustainable Health System**	Reducing emissions, waste and unnecessary resource use in healthcare.
	Psychopharmacology in Neurobehavioural Paediatrics	Medication use and predicting the impact of medica&tion for those with coexisting conditions such ASD, anxiety, ADHD and behavioural distrubance
	Before Birth: The Evolving Role of Genetics in Fetal Medicine	How genomics can influence surveillance, treatment and counselling.
THURSDAY	**How to Build Resilience in Health Staff**	Strategies that promote both wellbeing and resilience in staff
	The Fragile Generation: Understanding the genesis of Generation F	Why are mental health difficulties increasing among young Australians, alongside concerns about declining resilience and coping capacity?
	From Sparks to Shrooms	Clinical Update on interventional psychiatric practices
FRIDAY	**Critical Feedback without the Fallout**	An approach to providing feedback to those with personality disorders, - the anxious, self-critical and fixed-mindset learner
	The Fast and the Curious: New Directions in Sedation	The latest evidence and evolving clinical practices involving midazolam, nitrous oxide, dexmedetomidine and ketamine.
	The Future Health Professional	Working effectively with artificial intelligence, technology and multidisciplinary teams.
LEARNING FORMAT	Daily presentations are complemented by 2-4 hours of online learning materials designed to consolidate key concepts, extend topic knowledge and support practical application.	